

Lies

Shelter - 10 Mar 19



Heart's
Desire
(Love)

Heart's
Beliefs
(Identity)

**Heart's
Desire
(Love)**

**Heart's
Beliefs
(Identity)**

+ Head Beliefs



Heart's
Desire
(Love)

Heart's
Beliefs
(Identity)

+ Head Beliefs

= BEHAVIOR

Lies feel like they say:

***I am*_____**

In Danger/Vulnerable

Alone/Abandoned

Shameful

Dirty/Tainted

Weak/Powerless

Guilty

Worthless

Not Worthy Of ____

Hopeless

So this I say, and affirm together with the Lord, that you walk no longer just as the Gentiles also walk, in the futility of their mind, 18 being darkened in their understanding, excluded from the life of God because of the ignorance that is in them, because of the hardness of their heart; 19 and they, having become callous, have given themselves over to sensuality for the practice of every kind of impurity with greediness. 20 But you did not learn Christ in this way, 21 if indeed you have heard Him and have been taught in Him, just as truth is in Jesus, 22 that, in reference to your former manner of life, you lay aside the old self, which is being corrupted in accordance with the lusts of deceit, 23 and that you be renewed in the spirit of your mind, 24 and put on the new self, which in the likeness of God has been created in righteousness and holiness of the truth.

Ephesians 4:17-24

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Ephesians 4:17-24



Focus on your feelings, pain

Listen to what they say about you

Give them to God

Wait on His truth to fill you at the point of the
pain

Jesus, I choose to open my heart to you and
give to you my feeling that says I am _____ ,
please fill me with the truth that you want
me to have in its place.

